

**Sports Ground Worker**  
(Baltinglass Golf Club)  
Ref: #CES-2238410

**Cleaning Operative** Ref: #CES-2257540

**Environmental Worker**  
(Kiltegan, Co. Wicklow)  
Ref: #CES-2257558

**Sports Ground Worker** (Baltinglass GAA)  
Ref: #CES 2257612

Excellent opportunities available in all of these positions, for training & development whilst on the CE scheme. To check your eligibility/apply for any of these positions please attend the INTRO Office in Baltinglass (beside Borza) and provide the job application number above.

**For further information on any of the above positions please contact:**  
**Paula Boland (087) 140 4508.**  
**Olivia Cooney (087) 449 7731**



A Caring home needed for 15 year old male Yorkshire Terrier. Very lively, he loves his food and walks. He is neutered and house trained. Elderly owner is in a nursing home. Free to a good home.

Contact (087) 7136832.

Contact us @ The Focus Kiltegan

<https://www.facebook.comTheFocusKiltegan> ✉ emailfocuskiltegan@hotmail.com ☎ (059) 6473330

Ads can also be dropped into the post box @ The Community Employment Office in Kiltegan.  
To place an ad costs €2.00.

All notices must be received before 3pm on Wednesday for inclusion that week.



## Winter warmer panzanella

### Ingredients

1 cauliflower, broken into florets  
100ml extra virgin olive oil  
250g good bread, such as sourdough or ciabatta  
2 red chillies, halved, deseeded and finely chopped  
4 garlic cloves, finely sliced  
8 anchovies, finely chopped  
35g raisins, soaked in just-boiled water and drained  
1 tbsp capers, rinsed of salt or brine  
4 tbsp roughly chopped flat leaf parsley  
5 radishes (preferably French breakfast radishes), finely sliced  
1 tsp white balsamic vinegar or white wine vinegar  
juice of ½-1 lemon

### Method

**STEP 1** Steam the cauliflower until it's just tender (be careful not to overcook it), then set aside.

**STEP 2** Tear the bread into small chunks and heat 3 tbsp of the olive oil in a large frying pan. Fry the bread over a medium heat (in batches if it's easier) until it's golden all over – each batch will take about 4-5 mins to get a good colour. Put all the bread back into the pan and add the chilli, garlic and anchovies to the pan (with another tablespoon of oil if necessary) and sauté for a further 2 mins, making sure the garlic doesn't get too dark. It should be golden, not brown. Tip the bread mixture into a broad shallow serving bowl and add the raisins, capers and parsley.

**STEP 3** Add the rest of the olive oil to the frying pan and, over a high heat, fry the cauliflower until tinged with gold. You want a really good colour. Put the cauliflower in the bowl with the bread mixture, add the radishes, balsamic vinegar and the juice of ½ lemon and toss everything together. Season, but be careful about how much salt you use because of the anchovies. Taste to see if you need more lemon juice, or even more olive oil, and serve warm.

# FOCUS KILTEGAN



15th January 2023

"LIFE IS WORTH LIVING AS LONG AS THERE IS A LAUGH IN IT."



WELCOME TO 2023



## Kiltegan Senior Citizens

### Christmas Party

Sunday 22nd January 2023 in

St. Tegan's Hall @ 3pm

If you would like to attend please contact:

Danny Byrne (059) 6473143,

Brigid Harmon (086) 3438546 or

Mai Byrne (086) 2142910

### MEDJUGORJE

Trip to Medjugorje 4<sup>th</sup>—11<sup>th</sup> April 2023.  
For more information please contact  
**Josie Duffy (087) 2543235.**

**TYNOCK & TALBOTSTOWN**  
Fr. Pat O'Brien Fr. John McEvoy  
059 9161114

Saturday 14<sup>th</sup> January @6.00pm Tynock.

**Anniversaries: Betty Somers (20th), Dan Kane (13th), Johnny Somers (12th)**  
Reader: Nigel Byrne.

Sunday 22<sup>nd</sup> January @ 9.30am Talbotstown

**Anniversary: Tony Furlong (24th), Michael Lennon, Maureen Marriott. Months Mind Mass for Kitty Farrell.**  
Reader: Fiona Kane.

Sunday 29<sup>th</sup> January @9.30am Tynock

**Months mind Mass for Declan Kehoe.**  
Reader: Lucilla Brophy.

Wednesday 1<sup>st</sup> February  
@ 9.45 Talbotstown  
Feast of St. Brigid.



Talbotstown & Tynock Church Collection  
Offertery: €152.74; Envelopes: €218.60

*To book anniversaries for:*  
Tynock: Mary -086 2261264  
Talbotstown: Josie -059 64 73971

We offer sincere sympathy to Fr. Pat Murphy, his fellow society priests and the family, relatives and friends of Fr. Padraigh Flanagan whose funeral took place in St. Patrick's, Kiltegan on Monday.  
Ar dheis De go raibh a anam.





## KILTEGAN GAA & CAMOGIE NEWS



A very proud moment for our club and West Wicklow in general when, our own Damien Byrne was elected County Chairperson at the County GAA Convention in the GAA Co. complex in Aughrim on Tuesday 4th January. Damien emerged victorious over sitting Vice Chairman Fintan Fanning for the top job, on a tight vote to become the third Chairman of the County Board in the Kiltegan/Rathdangan area. The late Hugh Byrne from Rathcoyle, Rathdangan was elected in 1947 a position he held for 22 years, and the late Peter Keogh held the position from 1983 to 1985.

Damien started his football & hurling career at a young age starting at kindergarten and moving up along the ranks. Winning many championships, leagues and cups with the Michael Dwyers club from u12 to 21's. He played junior, intermediate, senior football & hurling with his present club where he also won many championships and leagues. When he retired he coached and managed many teams in the club. He also became a top referee within the county and refereed a county hurling final. Damien is also a noted umpire with one of our top Inter County referees, travelling all over Ireland to matches. He has served on many positions on the Wicklow Board of Management over the years. He was an officer of the Michael Dwyers club, club secretary and chairman of Kiltegan GAA club, committee member and chairman of the development committee which has done trojan work over the past couple of years, and is present joint chairman of the new Kiltegan Development organisation.

Damien starts out on his mission to try and bring our county teams to success. We wish him the very best of luck over the next five years. He has the ability to do this if all the county gets behind him. This has to be a very proud moment for his family, especially his parents John and Veronica, and his wife Ann, brothers Eugene, Sean and Raymond, and daughter Jess. All our club wish him all the best.

Our club is also proud of all our players who were nominated for the Garden County Awards in February. Co. Senior Footballer Padge O'Toole, Co. Senior Hurler's Bryan Kearney, Mark Murphy, Club Minor Hurler James Boland.

We were all thrilled to hear that our hard working secretary Paula Boland has been awarded the Club Person of the Year for 2022. Paula has done unbelievable work for our club and its brilliant that she is getting the recognition for all her hard work and dedication no one deserves this award more. Well done.



### Monday 02nd January 2023

Numbers 3-8-23-26  
No Jackpot winner  
Match 3's €70 each

Catherine & Christy (Seller Christy O' Toole)  
George Jackson (Seller Yearly lotto)  
Maura Toomey (Seller online)

### Monday 09th January

Numbers 5-10-23-27  
No winner

One match three wins €200  
Tom Doyle (Seller Mona O' Toole)

Next week's draw takes place on Monday 16th of January in Talk of the Town

**JACKPOT €6,200**



**Congratulations** to Tynock National School girls who won the 7 aside Cuman na mBunscoil in Carlow. Well done to all involved.



New Year's resolutions don't have to be so serious, or challenging tasks, like losing weight or getting a promotion. Here are some ideas for fun, light hearted resolutions for you to strive for.

### Resolutions for Kids

Unsanctioned haircuts—This means you need to hide any implements your kids might use in their quest to make themselves bald. Keep your beard trimmers and your scissors far out of reach of your kids at all times. A lockbox honestly isn't overkill.

Eating the occasional vegetable without bribery or cajoling—Have a super picky eater on your hands? You can always start hiding vegetables in your kids' food. Spinach brownies are deceptively delicious.

### Resolutions for Adults

Only communicating with people via memes, at least until they catch on and ask you what's up. It might take longer for people to catch on than you would think. There truly is a meme for every occasion. Many married couples spend their days sending memes back and forth (ask us how we know).

Finish all the DIY projects started and abandoned. Or, well, maybe just one of them. So you watched too much home improvement TV and overestimated your own ability. Now you have a patchy paint job in the living room, a half-finished tile backsplash in the bathroom. Before taking on new resolutions, see about addressing incomplete ones this year.

The athleisure wear trend makes it easier than ever to dress in yoga pants or leggings and pretend like you plan on hitting the gym after you run errands. Meanwhile, everyone knows you wouldn't run unless a bear was chasing you. It's okay to wear leggings just because they're comfortable.

This is a judgment-free zone.

### Resolutions for Senior Citizens

Learn how to play videogames. Want to bond with your grandchildren? Ask them to help you learn their favourite video games. Not only will it give you a connection with them, it can help engage your brain and improve your hand-eye coordination.

Eat dessert first. There's nothing wrong with having a sweet treat ahead of - or in lieu of - dinner. Life is short: enjoy yourself while you can.

Don't act your age. Everyone, regardless of gender, wears safe neutral colours. Wear colours that make you feel good. If you like having long hair, leave it long. If you've always wanted a tattoo, get one. If you're of retirement age, you're the only one who has a say in what you "should" look like.

## PARISH LOTTO (Kildare & Leighlin Co-Op Lotto)

€17,000

**One Jackpot Winner Mary Jones, Rhode Parish.**

28 Match 3's €36each

No local winner

Draw takes place each Wednesday at 4pm in the

Parish Centre, Portlaoise.

Next draw Wednesday 18<sup>th</sup> January  
Tickets €2 each.

New promoters welcome.

**Next Weeks Jackpot €10,000**

**OPEN EVENING!**

## Tynock National School

are excited to host our Open Evening on Thursday 19th January from 5pm - 7pm.

We would like to extend a warm welcome to all to visit our fabulous school. Come and see what we have to offer, meet and speak with our excellent staff members and pupils.

There will be an opportunity to take a tour around our classrooms, see the children in action at a range of activities that we offer. Refreshments will be served.

Admission forms will be available on the night or you can contact the office on 059 6473210 to request one.

## Social Dancing Rathdangan Hall

Saturday 14th January 9 -12.

Music by Jimmy Horgan & Lar Kenny

Save the date Saturday 11th February



## Ramblers Night Rathdangan Hall

Friday 20th January

Starting 7.30pm

Save the date for Another Ramblers Night  
Friday 17th February