

## EXPLORING A PRACTICE FOR LENT: PRAYING THE ROSARY

The Catechism reminds us that Christian prayer tries above all to meditate on the mysteries of Christ (CCC 2708). The purpose of this meditation is to draw us deeper into union with Jesus.

The prayer we know as the Rosary offers us a special way of meditating on the Mysteries of Christ. It is a scripture based prayer, with the Our Father, Hail Mary (x10) and Glory Be forming the basis of each decade.

Each decade draws us in, to meditate on one of 20 mysteries from the life of Christ.

In the 16th century Pope Pius established the standard fifteen mysteries of the Rosary which he grouped into three, the Joyful, the Sorrowful and the Glorious Mysteries. In 2002, Pope St John Paul II added a new set of five, known as the Mysteries of Light or Luminous Mysteries.

As we pray the 12 prayers in each decade we are called to meditate and reflect on the mystery associated with the decade.

A tradition has emerged where particular mysteries are associated with particular days of the week as follows:

Joyful – Monday, Saturday, and the Sundays of Advent;

Sorrowful – Tuesdays, Fridays and the Sundays of Lent;

Glorious – Wednesdays, and the Sundays outside of Advent and Lent;

Luminous – Thursdays.

The Rosary is a long chain that links heaven and earth. One end of it is in our hands and the other end is in the hands of the holy virgin. (St Therese of Lisieux) I am the light of the world, says the Lord; anyone who follows me will have the light of life. (John 8:12)

## SLANEY ROVERS A.F.C.

LOTTO - No jackpot winner. Winning numbers were 3 - 4 - 7 - 19

Match Three: win or share €150

Leigh Byrne, 10 Father Flood Avenue, Rathvilly 3 - 4 - 7 - 25

Pauline Halligan, Station Road, Rathvilly 4 - 7 - 10 - 19

Promoter prize's Brian Curran.

In line with recommendations by the HSE and the FAI in proactive steps to fight the spread of COVID-19, the weekly lotto has been cancelled until at least the 29th March to be reviewed by the health authorities. We would like to thank you all for your support and understanding and we urge all supporters, tickets sellers and buyers to follow the advice of the HSE in relation to this virus.

**Parish Office – Mon-Fri: 10 am – 1 pm - 059 9161114**

**Email: [office@rathvillykilteganparish.ie](mailto:office@rathvillykilteganparish.ie) Website: [www.rathvillykilteganparish.ie](http://www.rathvillykilteganparish.ie)**

**Diocesan Website: [www.kandle.ie](http://www.kandle.ie)**

**Local Safeguarding Representatives:** Eoin Cheasty Mary Phelan  
Elizabeth Austin David Carton

**Diocesan Designated Liaison Person: Mr. Mick Daly - Email: [dlp@kandle.ie](mailto:dlp@kandle.ie)**

## **RATHVILLY KILTEGAN PARISH**

### **NEWSLETTER**

**St. Brigid's  
Talbotstown**

**21<sup>st</sup> & 22<sup>nd</sup> March, 2020**

**St. Patrick's  
Rathvilly**

**The Assumption  
Tynock**

**Fourth Sunday of Lent**

### ANNIVERSARY MASSES

#### Saturday, 21<sup>st</sup> March at 7.30 p.m.

Larry Byrne, Maplestown 1<sup>st</sup> Anniversary

Kathleen Curry, Ballybit

John Foley, Bough

Mary Curran, Ballybit

Mick & Madeline Curran, St. Patrick's Park

Thomas & Grace Cashen and deceased members of the Cashen family

Shaun Leonard, Rahill

Eileen Doyle, Lisnavagh

Jim Healy, Ricketstown

James & Elizabeth Dowling, Knocklisen

#### Saturday, 28<sup>th</sup> March at 7.30 p.m.

Terry Redmond

Christine Donovan, Rathdangan

Frank Donovan, Rathdangan & Dublin

### WEEKEND MASSES WITH NO CONGREGATION

Mass will be celebrated on Saturday at 7.30 p.m. and Sunday at 11 a.m.

All Anniversaries will be included at both Masses.

**VIEW ALL MASSES ON OUR WEBSITE – [rathvillykilteganparish.ie](http://rathvillykilteganparish.ie)**

### MESSAGE FROM BISHOP DENIS

I am suspending all celebrations of weekday Masses in Kildare & Leighlin Diocese.

For parishes with webcam, Mass can still be broadcast behind 'closed doors'.

Churches are to remain open at other times to allow opportunities for adoration and personal prayer.

### MASS TIMES THIS WEEK

**All Masses will take place in the Main Church and can be viewed on webcam.**

Monday, Tuesday, Wednesday & Thursday - Mass at 9.30 a.m.

Friday – Stations of the Cross at 7 p.m. Mass at 7.30 p.m.

**Mass can be viewed on Radio Maria Ireland – see separate notice.**

### 4th SUNDAY OF LENT - PRAYER

Lord, like the shepherd in the psalm, we ask that you give us the strength to be leaders and not just followers. Grant us your grace that we may have the courage to proclaim your word for the whole world to hear. Let us be fearless in spreading your Gospel message. With Mary, we pray: Hail Mary...

**RADIO MARIA IRELAND** is an Irish-run Catholic Talk-Radio Station. Prayer, Catechesis, Uplifting music, Talks, Interviews and Testimonies – all commercial free – Listen via TV on Saorview - Channel 210 and Freeview - Channel 826; Download our FREE APP - “RADIO MARIA IRELAND”, streaming on www.radiomaria.ie or via PHONE – get live radio feed by telephoning +353 (0) 1 437 3277 (no extra charges apply). Please join our growing faith family!

**DIGGING DEEPER - LIVING LENT some suggestions for this week**

- + Persevere in your chosen resolutions for Lent and remember their purpose is to bring you closer to God
- + Pray the Mysteries of Light and /or the Sorrowful Mysteries
- + Be kind to your mammy throughout the week!
- + Check the energy efficiency of your light bulbs and change them if necessary
- + Look out for someone who might need your help and offer it
- + Visit a church, light a candle and say a prayer
- + Turn off lights when not in use

**COVID-19 Support Line for Older People**

ALONE has launched a national support line and additional supports for older people who have concerns or are facing difficulties relating to the outbreak of COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open Monday to Friday, 8am-8pm, by calling 0818 222 024. Hours may be extended to meet the demand.

**HIGH IS THE HEAVEN – Fr Liam Lawton**

It's a while since I wrote some new original music and so I have tried in this new collection to offer a variety of songs and themes but all with the common denominators that the melodies are strong and very sing-able, with a Celtic theme running through all of them. The Choral and Music Arrangements are done by Paul Tate and are really beautiful and effective, and in the recording some extra Orchestra lines have been developed Mark Cahill.

Like all of my music, the songs are written for a specific reason ~

~ The Psalm *The Lord hears the Cry of the Poor* was especially written for the Papal Mass of Pope Francis in Ireland, *High is the Heaven* was written to celebrate the 1400<sup>th</sup> of St. Columba ~ one of the ancient Celtic monks who brought Christianity from Ireland to Europe and *There's a Star* is a Christmas piece with a memorable refrain, that celebrates the birth of the Christ Child.

*As you bring your Gifts...* was written to commemorate the 100 years Foundation of my own Parish Church in Edenderry, Co. Offaly, where I grew up.

The beauty of the spirituality of this ancient land is found in all of these pieces, which makes them unique, but I hope, also very accessible.

The Collection is now available in Veritas.

**EUCCHARISTIC ADORATION** –Thursday 10.00 –11.00 a.m. Friday 5.00 –7.00 p.m.

**AN ACT OF SPIRITUAL COMMUNION**

My Jesus, I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You. **Amen.**

**A CORONAVIRUS PRAYER**

Loving and healing God,

we, the people of Kildare & Leighlin turn to you in prayer, confident that you are with us and with all people in every moment.

We stand before you as people of hope, trusting in your care and protection.

May your faithful love support us and soothe the anxiety of our hearts.

Generous God, fill us with compassion and concern for others, young and old, that we may look after one another in these challenging days.

Bring healing to those who are sick with the virus and be with their families.

May those who have died rest in your eternal embrace.

Comfort their family and friends.

Strengthen and protect all medical professionals caring for the sick and all who work in our medical facilities.

Give wisdom to leaders in healthcare and governance

that they may make the right decisions for the well-being of people.

We pray in gratitude for all those in our country who will continue to work in the days ahead in so many fields of life for the sake of us all.

Bless them and keep them safe.

O God of creation and life, we place ourselves in your protection.

May the mantle of your peace enfold us this day and tomorrow.

St Brigid, pray for us.

St Patrick, pray for us.

St Conleth, pray for us.

St Lazerian, pray for us.

May all the saints of God, pray for us. Amen.

**GOSPEL READINGS – 22<sup>nd</sup> – 29<sup>th</sup> March, 2020**

Sunday: Jn 9: 1-41

Mon: Jn 4: 43-54

Tues: Jn 5: 1-3, 5-16

Wed: Lk 1: 26-38

Thurs: Jn 5: 31-47

Fri: Jn 7: 1-2, 10, 25-30

Sat: Jn 7: 40-52

Sunday: Jn 11: 1-45

**TULLOW DAY CARE CENTRE**

The service of meals on wheels will continue Monday to Friday until we return to normal. If you have any queries please contact Tullow Day Care Centre 059 9151833. Many thanks to all and Keep Safe xx