



**Baltinglass
Further Education
& Training Centre
(Starting 2020)**

*****Maths for Everyday Use*****

This course will help you to:

- *Assist children with homework
- *Use maths in work, home & social situations
- *Measurements for your home & with everyday tasks
- *Get better value when shopping
- *Understand household bills & interest rates
- *Gain confidence using numbers & calculator
- *Understand the language of maths e.g. algebra and statistics

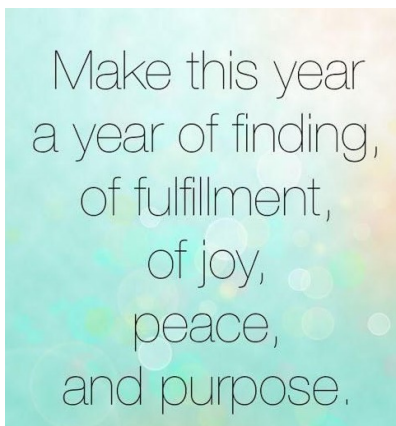
***** Managing Personal Finance *****

This course will help you to:

- *Plan a budget
- *Prepare a weekly spending plan
- *Understand the tax system
- *Understand your payslip
- *Understand interest rates
- *Know your rights as a consumer and how to exercise them

For more info call or text: Annette or Maeve
059 6482642 or 086 8462771

Email: abebaltinglass@kwetb.ie



Contact us @ The Focus Kiltegan

<https://www.facebook.com/TheFocusKiltegan> e-mail: focuskiltegan@hotmail.com (059) 6473330

Ads can also be dropped into the post box @ The Community Employment Office in Kiltegan. To place an ad costs €2.00. All notices must be received before 3pm on Wednesday for inclusion that week.

Available:

Experienced, reliable childminder available in the Kiltegan area. Non-smoker.
Contact: Alison- 086 895 9592



TALK OF THE TOWN

Call 086 3452672 for all functions & parties



POWER SWEEPS

Power sweeping from your fireplace, stove or cooker. Professional Chimney Sweeps with the latest equipment.

NO MESS, NO FUSS. Clean & efficient. Stoves also fitted by a trained Hetas fitter. Cowels & Crow Guards also fitted. To book your sweep or get a quote just ring: (083) 3927695 Dave (083) 1255548 Will



**West Wicklow Community
Employment
Current Vacancies**

- ***Environmental Worker (Kiltegan)**
Ref: CES-2129964,
- ***Club Assistant (x1) Kiltegan**
Ref: CES 2131170
- ***Community Care Assistant of the Older Person (Baltinglass)**
Ref: CES 2131225
- ***Environmental Worker (Baltinglass)**
Ref: CES-2131172
- ***Retail Assistant Community Shop (Baltinglass)**
Ref: CES-2133050
- ***Environmental Worker Baltinglass**
Ref: CES-2134140

Please contact your local DEASP Employment Services/Intreo Office to check your eligibility and to apply for this vacancy. Job Reference Number will be required.

If interested in any of these positions or for further information

Please Contact: Paula Boland or Alec McCall (087) 4497731

FOCUS KILTEGAN



12th January 2020

Tynock & Talbotstown

Fr. Pat O'Brien – (059) 6473211

Masses in the Oratory Tues, Weds & Thurs @ 9:30am Next Week

Saturday January 11th @ 6:00pm in Talbotstown

Anniversary Mass for the following:
Sally O'Byrne– Graigue. 7th Anniversary
& her Sister Cis Lennon
John & Kathleen Farrell– Barraderry

Reader: Breedh Murphy
Collector: Brian Murphy
Eucharistic Minister: Angela Rafferty

Sunday January 12th @ 9:30am in Tynock

Reader: Paula Boland
Collector: Paul O' Toole
Eucharistic Minister: Mary Byrne

Saturday January 18th @ 6:00pm in Tynock

Reader & Collector: Nigel Byrne
Eucharistic Minister: Paul O' Toole

Sunday January 19th @ 9:30am in Talbotstown

Anniversary Mass for the following:
Tony Furlong– Talbotstown 21st Anniversary

Reader: Mary Kelly, Feddan.
Collector: Tom Cremin
Eucharistic Minister: Mary Burke

St. Peter's Parish (059) 6473368

1st Sunday – Morning Prayer @ 12 Noon
2nd Sunday - Holy Communion @ 12 Noon
3rd Sunday - Morning Prayer @ 12 Noon
4th Sunday - Holy Communion @ 12 Noon
5th Sunday – United Service for Group in Alternate Churches @ 11am

Talbotstown & Tynock Church Collections.

Offertory: €132.92
Envelope: €183.00



Congratulations to baby Jack Elliot Farrell, son of John & Amanda Farrell, Englishtown, on his recent Baptism



A BIG THANK YOU TO ALL who contributed to our recent church gate collection. We collected the fantastic amount of **€1,381.72**. We are extremely grateful and appreciative for your generous donations. This great amount will help us to improve the lives of many vulnerable people in our locality. Once again THANK YOU for your generosity and may we take this opportunity to wish you all a peaceful, healthy & happy 2020.

LOTTO

3-7-20-27



NO WINNER

3 match 3s win €70each

Anthony Byrne (seller Talk of the Town)

Lisa Kelly (seller Larry Daly)

Sinead Kearney (seller Patrick Kearney)

Next week's Draw takes place on Monday

13th of January in Talk of the town

JACKPOT €5,000

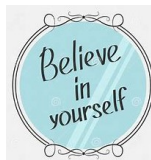
A New Year is like a blank notebook. You get to write anything you want in it.

Make 2020 your best year ever!



Meet new people: Meeting new people can be beneficial to your mental well-being and help your career, so don't be afraid to get out there and make some friends. Overcome your shyness, get some knowledge and go and get to know new and interesting people.

Become more confident and take some chances: If you are confident other people notice it, and it is much easier to have your opinions heard, ask people out on dates and get ahead at work. A good dose of self-confidence will help you lead a much happier life overall. Don't hesitate to get some input on ways to boost your confidence.



WHAT IS YOUR HOBBY? **Find a New Hobby:** Hobbies can lower your stress levels, boost your brain power, improve your ability to focus, and more. Therefore, in 2020, start a new hobby. Ideas: Painting, Knitting Running, Walking, Reading, Writing—the world is your oyster

Set Aside On-Hour-A-Day to Achieve Your Dreams: Whatever your dreams are—whether it's to make more money so you can redecorate your home, learn to play an instrument, have a positive impact on the world, and so on—you can accomplish those dreams in just one-hour-a-day.



Enjoy the Little Things: Living life to the fullest doesn't just mean setting big goals like going bungee jumping or learning to scuba dive. It also includes learning to enjoy the little things. That is, learning to appreciate life's simple pleasures, something as simple as just going outside at night to look at the stars or walking barefoot in the grass.



Be Kinder to Yourself: You may not be able to control how kind other people are to you, but you can always control how kind you are to yourself. This upcoming year, set the resolution to believe in yourself, respect yourself, and treat yourself well.



Baltinglass Credit Union

We're here to help, with a friendly & professional service & competitive interest rates.

Opening Hours:

Mon - Thurs 9:30am - 4:30pm.

Friday: 9:30am - 8pm.

Saturday: 10am - 4pm.

(sub offices are: Dunlavin, Castledermot, Hacketstown, Knockananna & Tinahely).

THE HUB



The Hub is Closed for an extended Christmas Break for our staff & volunteers. **We will re-open on Monday the 13th of January 2020.**

We look forward to welcoming our lovely customers back for another new year!

Our normal daily menu includes local organic poached eggs, freshly made sandwiches, toasted sandwiches & locally supplied beautifully baked cakes and bread. We also serve a full Irish breakfast every Saturday!

The Hub also stocks lots of different crafts which are locally made and supplied. There is always variety within our crafts section, come in and have a look! *Support local.*

If any group wants to use The Hub for a meeting please contact Philip Hanbidge on (087) 2460947

RATHDANGAN NEWS

The Village Pantry

The Village Pantry is back open after the Christmas Break.



Open 7 days a week from 9.30am—1pm

The Village Pantry which opens daily from 9.30am to 1pm serving yummy homebakes, toasted sandwiches, Lavazza coffees, herbal teas etc. Lots of local crafts available to purchase for that unique gift. Our daily Super Valu Baltinglass delivery service is also up and running if you want to place an order for next morning delivery Ring: Angela 087-6440751 or Tess 087-6173879



To complement the excellent service currently provided by Community First Responders in Rathdangan, Rathdangan Community Council are erecting a publicly accessible defibrillator at O'Toole Memorial Hall in the coming weeks. We are also organising free CPR and defibrillator training for the community. This is a very important life skill that everyone should be able to perform. You never know when it might be needed and you will be very glad you know what to do if the situation ever arises where you are in a position to help someone in need of CPR. The training will take place on January 18th from 11am-1pm, all are welcome. The training is free, and there are no obligations, we would encourage everyone to avail of the opportunity.



Who's Hungry?

Yum!



Chicken Club Pasta Salad

Ingredients:

*8 oz pasta

*¾ cup Italian-style salad dressing

*¼ cup mayonnaise

*2 cups chopped, cooked chicken

*12 slices cooked bacon, crumbled

*1 cup chopped celery

*1 cup chopped green bell pepper

*8 ounces cherry tomatoes, halved

*1 avocado - peeled and chopped

Instructions:

- 1.) Cook pasta until cooked through but firm to the bite (10-12 mins)
- 2.) Drain & rinse under cold water.
- 3.) Whisk Italian-style dressing & mayo together in a large bowl.
- 4.) Stir all remaining ingredients into dressing until evenly coated.

Simple Veggie Pasta Salad

Ingredients:

*1 pack Pasta

*1 bottle Italian Salad Dressing

*2 Cucumbers, chopped

*6 Tomatoes, chopped

*1 Bunch Scallions, chopped

*4 oz grated Parmesan Cheese

*1 tbsp Italian Seasoning

Instructions:

- 1.) Cook Pasta until al dente (8-10 mins) & drain.
- 2.) In a large bowl, toss the cooked pasta with the Italian dressing, cucumbers, tomatoes & scallions.
- 3.) In a small bowl, mix the cheese and seasoning, then gently mix into the salad.

