# ST TEGAN'S HALL

Set Dance will resume on Tuesday 16th January 2018 @ 8.30pm.

The Ciorcal Cainte, (Irish speaking circle) Anyone interested in resurrecting their Gaeilge will be very welcome. Enquiries to 087 9902218.



Community Employment Programme

#### **Current Vacancies**

General Operative - CE Scheme (Baltinglass, Co Wicklow) Community Employment Programme Ref: #CES-1051527

Cleaning Operative/Caretaker (Kiltegan) - CE Scheme - Community Employment Programme Ref: #CES-2036635

General Operative Knockananna - Community Employment Programme Ref: #CES-2046400

General Operative - CE Scheme (Kiltegan, Co Wicklow) - Community Employment Programme Ref: #CÉS-2053358

Further Information is available on https:// www.iobsireland.ie or contact CE Supervisor (087) 4497731

Please contact your local DSP Employment Services/Intreo office (Baltinglass Tuesday mornings-beside Borza), to check your eligibility and to apply for any of these vacancies.

#### Contact us @ The Focus Kiltegan

https://www.facebook.com/TheFocusKiltegan 🙆 e-mail: focuskiltegan@hotmail.com

(059) 6473330

Ads can also be dropped into the post box @ The Community Employment Office in Kiltegan. To place an ad is €2.00. All notices must be received before 3pm on Wednesday for inclusion that week.



Talk of the Town :

Call 086-3452672 for all functions and parties.

#### Katie Lowes

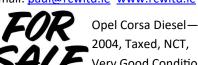
Food will be available soon!

For all your celebrations and social occasions. Please phone Andrea 083 4437907



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# Email: paul@rcwltd.ie www.rcwltd.ie



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## Traditional Music Classes—Kiltegan



Bodhran starting back in Kiltegan Hall on 18th January. Suitable for ages 7+ and all

levels catered for. Spaces Limited. Call Claire on (087) 7619566 to book.

# **FOCUS KILTEGAN**



7th January 2018



Wishing all our parishioners peace health, happiness & prosperity for the new year.

Fr. Pat

Tuesday 9th January Parish Pastoral Council meeting, in the meeting room Rathvilly at 7.30pm



Sympathies are extended to Angela Byrne, Tynock and, her family on the death of here mother Mrs Monica Mullins.

Sympathies are also extended to Bill Hackett & the Hackett family on the death of Bill's brother Michael who died in Boston.

Tynock & Talbotstown

Fr. Pat O Brien - (059) 6473211 THE CHURCHES

Masses in the Oratory Next Week Tues, Wed & Thurs @ 9.30am

Friday 5th January Feast of the Epiphany Mass @ 7.30pm in Tynock

Saturday January 6th @ 6.00pm- Talbotstown Anniversary Mass: Sally O'Byrne, Graigue & her Sister Ciss Lennon

> Reader: Mary Kelly Feddan Eucharistic Minister: David Carton Collector: Brian Murphy

Sunday January 7th @ 9.30am Tynock Mass will be offered for Michael Hackett late of Tombeagh who died in Boston on Sunday last.

Reader: Lucilla Brophy, Eucharistic Minister: Tom Brady Collector: Paul O'Toole

Saturday January 13th @ 6.00pm- Tynock

Reader: Paula Boland Eucharistic Minister: Patricia Hegarty Collector: Nigel Byrne

Sunday January 14th @ 9.30am Talbotstown

Reader: Breedh Murphy, Eucharistic Minister: Angela Rafferty Collector: Brian Murphy

To Book Anniversary Masses for Tynock Contact Mary 086 2261264

> To Book Anniversary Masses for Talbotstown Contact Josie 059 6473971

> > St. Peter's Parish-059) 6473368



2, 14, 22, 26

No Jackpot winner Match 3s' Ned & Siobhan Doyle (Seller Ned Doyle)

Next weeks draw Monday 8th January 2018 in Katie Lowe's Jackpot €10,800 "Strength doesn't come from what you can do. It comes from OVERCOMING the things you once thought you couldn't."

## The New Year stands before us like a fresh chapter in a book.

Once you're done with your year-end reflection for the year that's ended, it's time to look forward to the year ahead.... What will you write for the next chapter of your life? It's entirely up to you. Take the first step to make sure that it's a great chapter by setting New Year's resolutions.

#### 1. Start a Meditation Practice.

Meditating helps to improve your mood, it reduces stress, it lessens anxiety.

#### 2. Learn Something New Each Day.

Set the resolution to learn something new every day in order to have a better understanding of the world and how it works.

#### 3. Pick Up a Hobby.

Did you know that having a hobby is good for you? Hobbies can lower your stress levels, boost your brain power, improve your ability to focus, and more. Therefore, in 2018, start a new hobby.

#### 4. Eat Fewer Calories.

With all of the contradictory information out there on what to eat, sometimes it's hard to decide what to do when you want to lose weight. Keep things simple, just eat less. If you gained weight in 2017, resolve to eat smaller portions in 2018.

#### 5. Move More.

It doesn't matter what you choose to do: join a sports team; get a pedometer and take at least 10,000 steps a day; get up every 20 minutes and stretch; or join a dance class. Just move. ©

#### 6. Enjoy the Little Things.

Living life to the fullest doesn't just mean setting big goals like going bungee jumping or learning to scuba dive. It also includes learning to enjoy the little things. That is, learning to appreciate life's simple pleasures, such as the following:

Going outside at night to look at the stars.

Going to a pet shop to "ooh" and "aah" at the puppies and kittens.

Walking barefoot in the grass.

### The Hub

Opening Times: Mon, Tue, Wed & Sat

9am—12:30pm

Thursday & Friday 9am—2:30pm

**Re-Opening Monday** 

8th January

Happy New Year to our

customers, volunteers, staff. committee

members and

evervbodv who



supports The Hub.. looking forward to seeing you all in 2018.

Great value Lunch served every Thursday & Friday

Our normal daily menu is also available daily including poached eggs, healthy wraps, panini's, sandwiches, beautifully locally baked cakes & delicacies.

Remember The Hub stocks crafts which are locally made. From Neantóg skincare, Jo Browne perfumes, handmade cards, handbags—ideal for gifts. Support local.

If any group wants to use The Hub for a meeting please contact Philip Hanbidge on (087) 2460947

# RATHDANGAN NEWS

Rathdangan Community Council would like to wish you all a very happy healthy 2018 and thank you for your support during 2017.



At present The Village pantry is getting a bit of a revamp, and all going well will open back up for business on Monday January 15th.

Also the first social dance of the year takes place on Saturday 13th in O Toole Memorial Hall, music by Cupla.

# WHAT'S GOING ON!

RATHVILLY CREDIT UNION:

**Credit Union** 

CHRISTMAS LOANS

Don't leave it until the last minute. We can tailor repayments to suit your pocket! Drop into your local Credit Union in Rathvilly soon. Thursday 9.15 a.m. to 11.15 a.m. and 2.00 p.m. to 5.30p.m. Friday 9.15 a.m. to 11.15 a.m. and 2.00 p.m. to 7.30 p.m. Ph. 059 9161305.

#### **Talbotstown National School**

Beat the January Blues, put your positive pants on, & join our January jog/walk.

> In aid of Talbotstown NS Fun fitness for all 4km walk/6.5 km run

14th January 2018 Registration 10.30am at Talbotstown School Start time 11am

Cost of entry Adults €10 family (2adults) €15 Students €5 children free

Refreshments afterwards.

Daniel O'Donnell's Concert 15th & 16th August 2018 Gleneagle Hotel Killarney

Includes 2 nights - Dinner, B&B, Show Further details from Duffy's Coach Hire. 059 6471681 or 087 2543235

Pilgrimage to Medjugorje8 Monday 26th March 2018 Further details From Duffy's Coach Hire